

The background of the entire page is a light gray topographic map pattern with white contour lines. The lines are irregular and wavy, creating a sense of depth and texture.

THE ROYAL

HEYSHAM

Lunch Menu

Lunch

Served Monday to Friday 12pm - 4pm

Thick cut ham sandwich
wholegrain mustard mayo, tomato,
coleslaw, thick cut chips
£9.50 857kcal

Lancashire cheese sandwich
fruit chutney, coleslaw, thick cut chips
£8.50 1068kcal

Flat iron steak sandwich
caramelised onion, horseradish,
coleslaw, thick cut chips
£10.50 818kcal

Mediterranean vegetable cous cous wrap
mint yoghurt
£10.00 848kcal

Crispy beer battered chicken wrap
sweet chilli
£10.50 930kcal

Chip shop butt
battered haddock goujons, minted peas, tartar sauce,
coleslaw, thick cut chips
£10.50 780kcal

Avocado and poached eggs
toasted sourdough
£9.50 557kcal

Mediterranean vegetable linguine
£10.00 749kcal

Chargrilled chicken
roasted cherry tomato, chimichurri
£10.00 561kcal

Prices include VAT, service at your discretion. We believe in fair tipping, that's why 100% of your tips go directly to the team that serves you. Calorie Information: Adults need around 2000 kcal a day. Allergen Information - we really want you to enjoy your meal with us - if you'd like information about ingredients in any dish, please ask and we'll happily provide it.